

CARE FOR SKIN GRAFT AFTER BOLSTER REMOVAL

REMEMBER TO WASH YOUR HANDS BEFORE CLEANSING YOUR WOUND

- Your graft is just beginning to attach itself to the site. Extra care is needed to protect the graft for the next 14 days.
- You may now get the graft site wet. While showering, please keep the graft site covered and let the water gently run over the site. Let the graft site air dry or gently pat it dry.
- Clean the sutured area with the vinegar solution (see handout).
- Gently apply Vaseline with a clean Q-Tip starting at the center of the graft and moving outward in a circular pattern to the periphery of the graft where it is sutured in place. Repeat this twice a day.
- Continue to keep the graft site covered for the next 14 days.

VINEGAR SOAKS

Preparing the Vinegar Solution:

- You will need one clean container with a lid
- 1 tablespoon white vinegar
- 2 cups of bottled water

Combine water and vinegar in the sealed container. **Replace this solution every 2 or 3 days.** This needs to be refrigerated.

- **Before you begin**, thoroughly wash hands with soap and water for at least 30 seconds.
- Then, wash the wound with antibacterial soap and water. Pat the area dry with a clean towel.
- Use a **clean** gauze pad or Q-tip applicator. Pour solution over the Q-tip or gauze pad then gently dab along the suture line.
- After the wound is completely dry, use a new Q-tip applicator to gently apply Vaseline to the suture line.
- Repeat this procedure 2 times daily for the entire duration instructed.

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